



March 2023

Westglen School

PAWPRINTS

Westglen will engage every student in meaningful learning by challenging, encouraging and believing in them in a middle school setting

PRINCIPAL'S MESSAGE

We value your input! This month we will again be surveying all Westglen parents, using the same questions that we used last year. We have made some changes based on survey data that we received last year and, by using the same survey questions, we can see if the desired changes are being realized. Our school division collects the data, organizes it by question and returns it to us and then we put the data in front of our school teams to help guide our decision making. I realize that a survey is "one more thing", but we spend a great deal of time going over the information and taking it into account as we are already planning for September! Thank you in advance for your help with completing the survey when we email the link in March.

Grade 7 parents, you will also have received an Accountability Survey from Alberta Education recently. Your student will also be filling out an Accountability Survey at school next week. This is another important piece of information that we use as we compare our results from one year to the next.

Carolyn Massel

www.westglen.ca

Westglen School
2405 23 Ave
Box 200
Didsbury, AB
T0M 0W0

Ph: (403) 335-8700
Fax: (403) 335-8702

Principal:
Carolyn Massel

Vice Principal:
Kylie Miller

*"Promise me, you will always
see the good in every child"*
Mrs. Linda Pothier

No School Days:

**Collaborative Day
March 10**

**Non Instructional Day
March 24**



SCHOOL NEWS

MRS. IS SKI TRIP UPDATE



Once again, our ski trip filled up fast! If you have registered your student and need to make changes or if you would like to add your student to our waitlist, please contact Ms. Bedard (tbedard@cesd73.ca).

For those registered, please have your Wildcat at the school by 6:30am on Thursday, March 23rd with proper attire for ski conditions, snacks/lunch, water and money if they want to purchase anything at the hill. Please arrange to pickup your child when buses returns at 5:45pm. Thank you to Mrs. Sharon Israelson (Mrs. Is), who knew how important student trips are in providing wonderful experiences for our Westglen students. Also, thank you again to Mr Ernie Israelson for helping us with the buses!

PARENT TEACHER CONFERENCES

Parent Teacher Conference registration is OPEN for Tuesday, March 14th and Thursday, March 16th from 3:30 - 6:30 pm. Please go the to Westglen website under Bookings to register or click [HERE](#) and select the specific class and teacher that your student is taught by.

WESTGLEN BADMINTON

Badminton season has arrived? Students in grades 5-8 will be playing badminton in PE class for the month of March. The school has badminton raquets for students to use but students can bring their own if they have one.

Grade 7 & 8 Badminton Teams will be starting up March 2nd. Students can come try it out the first day and decide if it is something they want to play. If students decide to play on a team they will need their own raquet.

Grade 7 try-it - Thursday, March 9th from 3:10 - 5:00

Grade 8 try-it - Monday, March 6th from 3:10 - 5:00



PRAIRIE WHISTLE LUNCH



For Thursday, March 16th, we are offering lunch from the Prairie Whistle! They will be providing Chicken Caesar Wraps. Order at Student Quickpay before noon on Thursday, March 9th!

LIVE DIFFERENT PRESENTATION

LiveDifferent was established as a Canadian charity in 2000, and began to operate internationally in 2005. From the very beginning, we have been passionate about making a difference in people's lives through our youth empowerment presentations, our humanitarian build programs, and our leadership development opportunities. Since the beginning, we've had the opportunity to speak to over 1.6 million students, to build over 500 homes/schools/etc, and to mentor more than 4,500 students/interns/volunteers. We've grown over the years, but one thing will never change: our commitment to inspire those around us with value, purpose, and responsibility. Our students will be seeing their presentation on Wednesday, March 15th about "Empathy & Altruism"

"BLOCK 8" HOMEWORK HELP

Students please feel free to participate in our homework club which takes place after school (called Block 8) to give kids extra time and help to complete their work. All grades are welcome to attend on **Wednesdays**. Homework club runs until 4:00 pm and will be held in the library.



SCHOOL PROJECTS

Biology



FROG DISSECTION IN SCIENCE

The grade 8 students are studying Biology this month, and what a better way to learn about the digestive system than a hands-on frog dissection? Thank you to the many parents that participated, we appreciate you!

LONG HOUSES ON DISPLAY AT THE SCHOOL LIBRARY



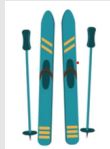


The grade 6 social studies students did a great job building Houdensheounee Long Houses.

March 2023



Sun Mon Tues Wed Thurs Fri Sat

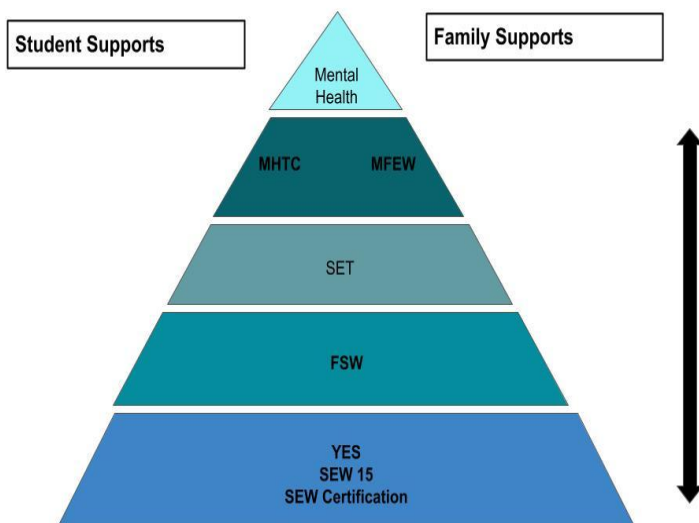
			1 (Day 4)	2 (Day 5)	3 (Day 1)	4
5	6 (Day 2)	7 (Day 3)	8 (Day 4)	9 (Day 5) Prairie Whistle Lunch Orders Due at Noon	10 Collaborative Day - No School	11
12	13 (Day 1)	14 (Day 2) Parent Teacher Conferences	15 (Day 3) LIVE DIFFERENT PRESENTATION	16 (Day 4) Parent Teacher Conferences Prairie Whistle Lunch	17 (Day 5) WEAR GREEN 	18
19	20 (Day 1)	21 (Day 2)  Grade 8 Band Students - Kiwanis music Festival	22 (Day 3)	23 (Day 4) MRS. IS Ski TRIP 	24 NO SCHOOL	25
26	27 (Day 5)	28 (Day 1) Parent Advisory Council Meeting 12:00 PM	29 (Day 2)	30 (Day 3)	31 (Day 4)	
<p>PLEASE CHECK OUT THE CALENDAR ON OUR WEBSITE FOR UP TO DATE INFORMATION!</p>						

Building Social Emotional Wellness

- A message from Superintendent Kurt Sacher

Various [studies](#) and [multiple observations](#) tell us it is a challenging time for young people and their social-emotional well being. We take this seriously in Chinook's Edge, and we are focused on making a difference in this key area. Why? We know when students are well emotionally, it sets them up for success in every other area of their lives, including learning at school.

The Chinook's Edge approach to this work can be visualized in a pyramid. It is a multi-layered and proactive approach. Our work begins at the bottom of the pyramid with programming that reaches all students. Moving up the pyramid, our work becomes more tailored to individual students who need additional support. A key element of this plan is the inclusion of families.



In summary, starting at the bottom of the pyramid, here is how Chinook's Edge is supporting students:

- YES = **Youth Empowerment & Support** program. Proactive - building social emotional wellness in all K-8 classrooms. Also - targeted groups at lunch, after school and in the summer.
- SEW 15 - **Social Emotional Wellness 15** is a high school course created to build social emotional wellness for students.
- FSW = **Family School Wellness**. FSW workers help students individually and in small groups to support mild to moderate needs. Families are connected to the conversation and strategies to support student's social emotional well-being.
- SET = **Social Emotional Teams** are based in each school. They work with individual students, and potentially their families, to support moderate to severe mental health challenges.
- MHTC / MFEW = **Mental Health Transition Consultant / McMan Enrichment Workers**. MHTC coordinates with SET specialists to provide support to students experiencing severe mental health or emotional challenges. MFEW provides in-home family support.

Of note, Chinook's Edge and its partners received a [\\$1.4 million provincial grant](#) for a two-year mental health pilot. The grant allows us to hire the MHTC and MFEW workers. Also, the Chinook's Edge Board financially supports the YES, FSW and SET teams with close to \$3 million in funding annually. And, at a more granular level, we have amazing staff who are very committed to helping our students. This is very important work.

If you'd like to know more about these programs - and how they work at your child's school, I would encourage you to reach out to your school's principal.

To read the latest version of the Board e-News, please [click here](#).